

ADULT ACADEMY PROGRAMME

Learn. Practice. Improve. Socialise.



OUR PHILOSOPHY

- Our group coaching is the best way to improve
- All ages and abilities can improve
- Mix of random and block practice
- Nothing too “technical”
- Friendly competition between others
- Simulating real on course scenarios under pressure



WHAT GOLF SKILLS WE TEACH?

Putting

- Green Reading
- Speed Control
- Alignment
- Technique

Finesse Wedges (Chipping and Pitching)

- Distance Control
- Different Flights/Spin
- Force Control
- Technique

Full Swing

- Grip, Posture, Alignment
- Ball Position, Stance, Balance, Swing
- Technique

Course Management

- Tactics
- Club Selection
- Risk-Reward
- Yardages



TIMINGS/SCHEDULE

LADIES ACADEMY

THURSDAYS 6PM

MENS ACADEMY

TUESDAYS 6PM

SENIORS

MONDAYS 10AM

Sessions run all year. We allow the last week off every month and a few holidays a year making a minimum of 40 sessions.



SKILLS CARDS

Our fun electronic skills cards help players understand what they need to work on outside of coaching sessions. It helps parents physically see where the players ability level is. They live inside the app and will be updated on a regular basis.

What the Numbers Mean?

You are rated out of 99 in each skill. The average combined gives the overall score. We used PGA Tour stats Trackman technology to create the tests.

If you receive a score less than 25 you may want to focus on this area to improve. If you receive a score of 75+ then thats pretty good- keep it up!

The Colour Levels

The colour levels dictates your academy. Ladies is pink, Mens blue and Seniors red.



THE KJ APP

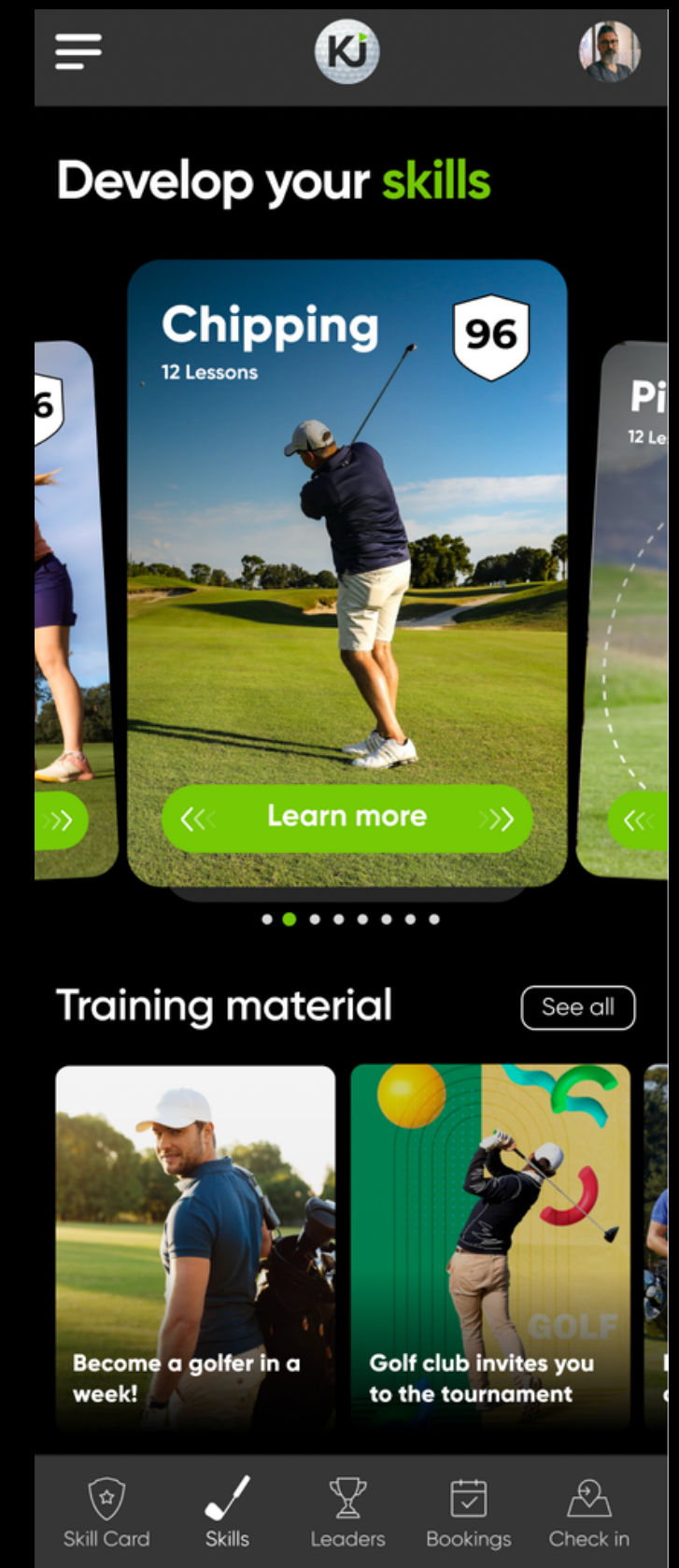
Our app is custom built to KJ Golf needs. you can book, track skills cards, watch videos and more! We have used many programmes in the past, but none never really fulfilled everything we need. In 2023 we decided to create our own and make it in app form.

Coaches Platform

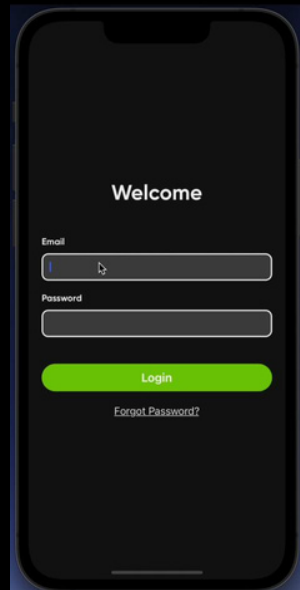
Our app follows the custom built programme we created. Coaches have all the session plans to follow and ensure they are keeping sessions fun and engaging. The coaches can input all scores into the app to updated the players profiles. Coaches can also upload any videos/content that may be suitable.

Players Platform

Players can view their skills cards, revisit session plans and view a library of warm ups, excercises, drills, games etc. You can even use the app to provide feedback, book into private lesson and enter Shires Tour Tournaments.

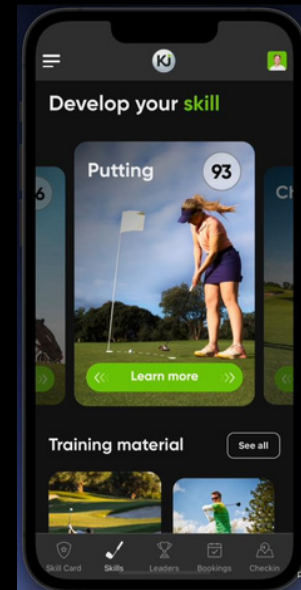


KEY FEATURES



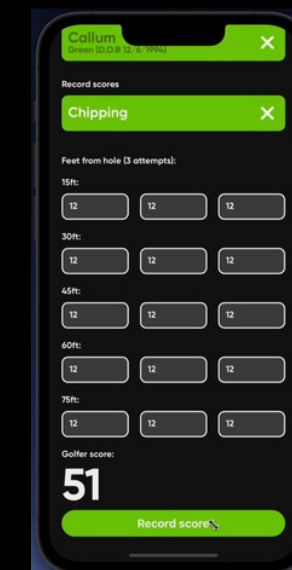
Log In

Each player/parent has their own members area.



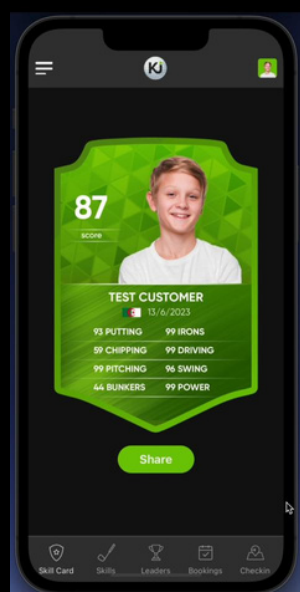
Training Material

Each player has access to a library full of drills and games to improve each skill in their own time.



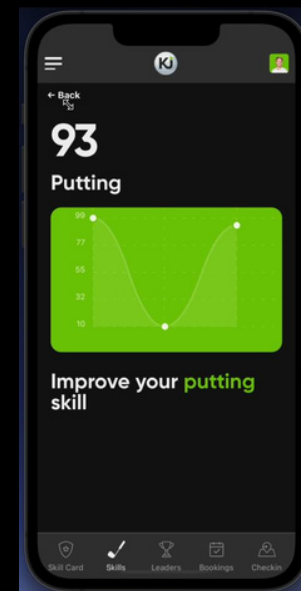
Test Input

Coaches can easily input test results and update a player's skills card.



Skills Card

Each player will have their very own LIVE skills card. This highlights their skills out of a maximum of 99.



Tracker

Each player will be able to track their progress for each skill using the cool tracker feature.



PRICING

We charge £40 per month. This gives you:

- Secured place every session
- 20% off further private tuition
- Full access to the KJ Golf App and Skills Card
- Eligibility to join our annual coaching trip

You can manage your membership to the academy at anytime. However if you pause or cancel there may not be space to rejoin in the future due to limited spaces.

